

## CHILD VISION CARE

Good vision involves more than good eyesight. Good vision means having efficient scanning, focusing and visual coordination skills for reading and learning in the classroom. Comprehensive behavioural optometry care can help your child get closer to their maximum potential in school, as well as enhance their visual skills for sports



What will the 20/20 eyesight test not tell you about your child's vision?

- If they see double
- If they can read without headaches
- If they can keep place on text
- If they have healthy eyes
- If they can focus from book to board & back

Signs of visual dysfunction:

- Headaches or eye strain
- Blurred or double vision
- A dislike or avoidance of close work
- Abnormal head posture
- Closing or covering of one eye
- Excessive blinking or eye rubbing
- Constant loss of place when reading
- Low reading speed
- Difficulty remembering what they read
- Poor eye-hand coordination

### **Vanessa Thai**

BOptom (Melbourne)  
GCOT SpecCertMPP  
Registered Optometrist (Part 1)  
Postgraduate Certificate in Ocular  
Therapeutics  
Specialist Certificate in the  
Management of Paediatric Patients

[vthai@southside.com.hk](mailto:vthai@southside.com.hk)